

Den na ɛsɛ sɛ wuhu fa Paxlovid ho?

Ɛdɛɛ ne Paxlovid?

Paxlovid yɛ aduro a yɛ de bɔa si kwan ma wo nyare mfi COVID-19.

Nnuro mmienɛ (nirmatrelvir ne ritonavir) bɔ mu ma COVID-19 nsan yaree gyina na sa na tre wo nipadua.

Paxlovid betumi asi kwan wo ama nsenkyerennee ɛnye koraa ne betumi sa

akwanya no aka hye eno ti ehia sa wo beko ayaresabea na ya hwe COVID-19 yaree no.

Paxlovid nsi kwan sɛ wonya COVID-19 yaree no biom.

Paxlovid nye nsiananmu mma asoduro. Dee ɛdi mu ya yɛ de bebɔ yɛ ho ban atia covid-19 nsan a aye den ne sɛ eye beba moden na ya hwe ɛbere pɔtee wo asuduro mmere.

Hwan na eye sɛ ne nsa ka Paxlovid?

Wo betumi anya Paxlovid sɛ wo yɛ obia wo yaree wo esoro fri yaree denden COVID-19. Eye sɛ wo fri aseɛ num Paxlovid nna num ɛfri nsenkyerennee mfi asee ama adwuma ako yie.

Wo asiane ewo yaree be hu wo nnyinaso ewo wo apɔmuden, ɛnyina ne gyina aduro so dibe.

Ayarehweni be aka akyere wo sɛ wo yɛ nnipa bia wo dibe yɛ ksee. Wo betumi afre Ontario oman bɔ ho ban akadeɛ ahwe sɛ wo yɛ obia yaree denden wo esoro: <https://covid-19.ontario.ca/covid-treatment-screener>

Wo ahoden wo esoro pii ase wo yɛ nnipa bi a:

- ✓ 60 (aduosia) ne n'akyire;
- ✓ 18 (dunwotwe) ne akyire na nkwanmoa ano wo fam (sɛ wo nkwanmoa no ntumi nko tia yaree ahodoɔ anaa nnuro);
- ✓ 18 (dunwotwe) kumpim afe 59 (aduonum nkron) na wo no ho ban tia COVID-19 (nhwesoo, sɛ yɛ wo panee, anaa sɛ adi bosome nsia fri mmere yɛ wo aduro panee ana sɛ wo COVID-19 yaree)
- ✓ 18 (dunwotwe) kumpim afe 59 (aduonum nkron) a wo yaree baako anaa yaree nnyinaso de ama no COVID-19 ako soro. Yaree ɛ ma wo nnyinasodeɛ ako soro ni yɛ :
 - kokoram
 - sere breboɔ yaree (ti se: nnwodwoo)
 - saa mu yaree
 - breboɔ yaree
 - ahrawa yaree
 - ahrawa ne aduaneyam yaree
 - asikyire yaree
 - adwene ne nnipa yaree
 - akoma nnyinasodeɛ
 - babaso weremfoo yaree
 - adwen emu wo ahotoso yaree basabasayo
 - kese yaree
 - nyinsen ne nyinsen foforo
 - cigarete nom (dee ewo soo ne dee atwam)
 - nsamanwa

Kasa kyere apɔmuden dwumadifoɔ na ene ni nkomo efa mpe a wo adwen ho se wo yaree no ko soro efi COVID-19.

Eye me se ma ya COVID-19. Eye den maya Paxlovid?

Wo be tumi ahwe nsenkyerennee wo aha: **covid-19.ontario.ca/exposed#symptoms**

So wo dwen se yaree ebaka wo ma ako soro na wo wo nsenkyerennee fa COVID-19, wo betumi:

- fre nnuro sotoo (nnuro sotoo dwumadiifoo pii be ma wo Paxlovid)
- fre dokita a ohwe wo ana se (vbusua dokita anaa se neese oyarewhe foo)

Wo be tumi afe Health811 se wo wo nsem bia wo pe se wo bisa anna wo hia mmoa. Fre 811 anna se ko sara **ontario.ca/health811** anna ne neese cwo ahoma no so nkasa.

Health811 nso be tumi aka bom na wo ni afidie nnipa akasa se enya ma wo a.

Ehia se wo ne apɔ muden dwumadifoɔ kasa ntemtem sa wo hu nse wa ya nsenkyerennee. Wo be fiti ase afa Paxlovid aduro no nna num ama aduro no adi dwuma no yie.

Se nsenkyerennee no ko esoro a, fre 911 ana se ko asemkesee aspiti dwumadibea. Nsenkyerennee ko esoro bi ne:

- ohaw amanee ahome
- kokoo eya ya
- nni anidaho
- basabasa

Dee amanebo na me hia se me de ma apɔmuden dwumadifoɔ se me ne no kasa fa Paxlovid?

Se wo ne apɔmuden dwumadifoɔ no kasa a, eye se wo di nneema wei bra:

- nneema a woahyehye efa nnuro wo nom, eka nnuro dokita atwere ama wo sa fa, ne nnuro wo to wo dwumadibea, nnuaneduro, ne nhabannuro
- nneema a woahyehye efa wo yaree tebea
- krataa ya hwe so atwere no perepere efa wo mogya dwumadie, se wo nsa ka krata no

Kasa kyere wo apɔmuden dwumadifoɔ se wo honam akyiwadee, wo wo breboɔ ana se wo sawa mu yaree, ana se wo afa nyisen ana se wo fa aduro ema nyinsen mma (nyinsen nnuro ana se ntaremu).

Eye se me hia se me ko ye COVID-19 nsowhe na me nsa aka Paxlovid?

Wo hia se COVID-19 nsowhe no ye nokore ana na wo nsa aka Paxlovid. Ebe tumi aye PCR, molekula ntemtem nsowhe, ana se antigen ntemtem nsowhe (efa se wo ye nsowhe wo fie).

Wo hia se nso whe eye nokore ansa na wo apɔ muden dwumadifoɔ aka sa afa Paxlovid. Wo mo be bua wo ama waye nso hwe se wo hia bi a.

Paxlovid yɛ de ma kwa?

Paxlovid wontua hwɛɛ sɛ wo wo aduro krataa fri apɔmuden dwumadifoɔ ho a. Wo nhyia OHIP krataa ansa ya ma wo Paxlovid.

Ɛyɛ dɛn na me nom Paxlovid?

Yɛ nom Paxlovid fa w'anum mmɛrɛ mmienɛ ɛda kopim nna eto so nnum.

Yɛyɛ Paxlovid wɔ adeso a ɛyɛ annupa ne anwummɛrɛ dodoɔ. Dodoɔ biara kura dufa 2 (mmienɛ), nirmatrelvir (dufa memɛn) ne dufa 1 (baako) ritanovir (dufa fitaa).

Nipa wo mo wɔ saa mu yareɛ ɛyɛ sɛ womo fa adufa ɛwo fom.

Ɛyɛ sɛ wofa dufa mmiesaa annupa mmɛrɛ bi a, ena mmiensa annwummɛrɛ kopim nna 5 (num). Wo bɛtumi afa Paxlovid a ɛduane ni wo yam anna sɛ wa didi.

Se wo werefi sɛ wo bɛfa Paxlovid dodoɔ na ɛwo donhwɛrɛ 8 (nwotwɛ) mmɛrɛ daa bi wo fa aduro no a, fa aduro apa nni paa. Se wo werefi sɛ wo bɛ fa dodoɔ na donhwɛrɛ 8 (nwotwɛ) apa ho a, mmfa dodoɔ kumpim mmɛrɛ wo fa no wo-ano wo-ano. Mɛmfa Paxlovid dodoɔ 2 (mmienɛ) (6 - nsia dufa) wo sa mmɛrɛ no.

Fa Paxlovid mmɛrɛ pɛpɛpɛ wo sa dɛɛ apomuden dwumadifoɔ aka akyɛrɛ wo.

Wo fa Paxlovid a, wo bɛtumi dɛɛ asiane wo bɛrɛ wo yɛ Paxlovid ayarehwɛ ne sɛ wo di badwam apɔmuden susuwdɛa akyirɛ na yareɛ no apɛtɛpɛtɛ. Ken kan ɛfa badwam apɔmuden susuwdɛa wo ha:

<https://www.ontario.ca/page/public-health-measures-and-advice>

Ɛdɛn na yɛbɛ yɛ ama Paxlovid ɛnya tumi?

Wo num Paxlovid nneɛma wai na ɛbɛ si:

- anum nsesayɛ
- ayamtu
- mmogyammorosoo
- nampa mpae
- yafunukeka
- abofono
- me ho mfa me

Se wo hu no sɛ bibi ha wo anna nieɛma nkɔ yi a. Kasa kyɛrɛ apɔmuden dwumadifoɔ sɛ wo mfa na nneɛma ɛha wo anna sɛ bibi aha wo no ɛnko a.

Biribi ɛntaa si na nso Paxlovid no ɛha wo:

- **Alegyi nsanmu.** Me mfa Paxlovid na frɛ wo apɔmuden dwumadifoɔ ntɛmntɛm sɛ wo ya nneɛma ɛfiri nnɛkyɛrɛnɛɛ a edi alegyi nsanmu: ahokeya nkeyaɛ wo honam (sasabɔ), ntumi mɛnɛ anaa nhome, anofafa nsoaɛɛ, anim, ana tɛkyɛrɛ ma, mɛnɛmu ayɛ pampee ana me nne asi.
- **Bereboc ohaw.** Ka ky rɛ wo apɔmuden dwumadifoɔ ntɛmntɛm sɛ wo ho nnɛkyɛrɛnɛɛ ne bereboc ohaw: akokoɔsradeɛ honam ne ani (ɛbunu), dwonsɔ ayɛ tumɛ, ɛyaa foforo wɔ yafunu sa nifa so.
- **Si akwan wɔ Babasoweremfoɔ nnuro.** Sɛ wo wɔ babasoweremfoɔ a ɛnko a,

Paxlovid be ma babasoweremfoɔ bi enye adwuma wo daakye.

Me tumi afa Paxlovid eberɛ me fa aduro ahoroo?

Paxlovid ebe tumi ne nnuro matoɔho adi nkutaho. Apɔmuden dwumadifoɔ (nhwesoo, adurofrafo) betumi asesa eduro wo fa sa, na wa tumi afa Paxlovid dwoodwoo.

Paxlovid nso betumi asesa se dee awoɔ tumi ye adwuma. Eye se wo faadwene foforo (nhwesoo, roba ne twe ho firi mu) bere a wo fa Paxlovid.

Dee na ese se me ye se me COVID-19 nsenkyerennee ye se enye koraa?

Kasa kyere wo apɔmuden dwumadifoɔ se woho mfawo ana se wa apɔm mu enye koraa na ena 5 (nnum) twa mu a.

Se wo nse nsenkyerennee nye koraa fre 911 ana se ko asemkese aspiti dwumadibea.

Nsenkyerennee koraa bi ye:

- ohaw amanee ahome
- kokoo eya ya
- nni anidaho
- basabasa

Amanneebo bo wei ye perepere efri Ɔperɔn afe mpem mmienu ne aduonu mmiensa (January 2023).

Wo hia amanneebo wei wo yeba dee ne pe nye den a?

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