

# First Nations, Inuit, Métis and Urban Indigenous Health Framework

There is an urgent need for action to address the health outcomes and access to health care among Indigenous peoples in Ontario, and we know this can only be done effectively in partnership with First Nations, Inuit, Métis and urban Indigenous leaders, organizations, communities and nations. This Framework outlines the commitment Ontario Health is making to First Nations, Inuit, Métis and urban Indigenous partners and to Ontario to initiate this work in partnership.

## Vision

To provide a platform to build upon in the discussions and development with First Nations, Inuit, Métis and urban Indigenous partners of a First Nations, Inuit, Métis and Urban Indigenous Health Plan.

# **Areas of Focus**

### **Build and Sustain Productive Relationships**

Building and sustaining productive partnerships and continuing to honour established relationships with First Nations, Inuit, Métis and urban Indigenous leaders, communities, organizations and nations based on trust, accountability and mutual respect.

### Equitable Access to Culturally Safe Care

Strengthening access, quality, and safety of health services and the health system with and for First Nations, Inuit, Métis and urban Indigenous people, families, communities and nations.



### Build and Enhance Capacity and Education

Building and enhancing the capacity of First Nations, Inuit, Métis and urban Indigenous partners, health system partners and Ontario Health to understand, respond to and meet First Nations, Inuit, Métis and urban Indigenous health needs and priorities.

## Measure, Monitor and Evaluate

Supporting and promoting effective data collection, analysis, evaluation and governance that impact First Nations, Inuit, Métis and urban Indigenous people, communities, organizations and nations and collaboratively address their priorities.



### Coordinate Regional and Provincial Programs and Services

Coordinating, communicating and aligning programs and services to best serve First Nations, Inuit, Métis and urban Indigenous people, communities, organizations and nations across the health system in partnership with First Nations, Inuit, Métis and urban Indigenous partners.





# Areas of Focus: Draft Building Blocks

(for upcoming Health Plan discussions)<sup>1</sup>



### Build and Sustain Productive Relationships

- Create and strengthen relationships distinctly and collectively with First Nations, Inuit, Métis and urban Indigenous people, communities, organizations and nations
- Continue to honour established relationships with First Nations, Inuit, Métis
   and urban Indigenous people, communities, organizations and nations
- Advance First Nations, Inuit, Métis and urban Indigenous health priorities
   and self-determination in health care
- Promote respect for and understanding of First Nations, Inuit, Métis and urban
  Indigenous Traditional knowledge, medicines, practices, healers and spaces

### Equitable Access to Culturally Safe Care

- Support the health system to provide distinctions-based, culturally safe and person-centred care
- Improve patient support, navigation and access of the health care system
- Enhance quality and improve experience of health services
- Address anti-Indigenous racism and discrimination in the health care system
- Recognize the inequities and the need to identify resources to address them

#### **Build and Enhance Capacity and Education**



- Increase the capacity of First Nations, Inuit, Métis and urban Indigenous partners to develop and implement Indigenous-led initiatives
- Increase the capacity, education, training and resources of Ontario Health and health system partners to address Indigenous health needs and priorities in collaboration with First Nations, Inuit, Métis and urban Indigenous partners and communities
- Support and prioritize Indigenous representation in human resources in health care



#### Measure, Monitor and Evaluate

- Adhere and be accountable to First Nations, Inuit, Métis and urban Indigenous
   data governance and distinctions-based research principles
- Collect and use Ontario Health data in alignment with First Nations, Inuit, Métis
   and urban Indigenous priorities
- Advance First Nations, Inuit, Métis and urban Indigenous partners' and communities' health data capacity through resource education and tools
- Advance opportunities to partner with First Nations, Inuit, Métis and urban
  Indigenous organizations with shared health data goals

### Coordinate Regional and Provincial Programs and Services



- Map and align initiatives, engagements, and contacts
- Coordinate and guide programs and services to address First Nations, Inuit, Métis and urban Indigenous priorities across Ontario Health
- Standardize programs and services to enhance quality and improve experience for First Nations, Inuit, Métis and urban Indigenous people, communities, organizations and nations
- Build and enhance the capacity of programs and services within Ontario Health to address First Nations, Inuit, Métis and urban Indigenous health needs and priorities in collaboration with First Nations, Inuit, Métis and urban Indigenous partners

## **Next Steps**

The Framework's Areas of Focus become the basis for engagement on the development of the First Nations, Inuit, Métis and Urban Indigenous Health Plan ("the Health Plan"). The Health Plan engagement with First Nations, Inuit, Métis and urban Indigenous partners and with Ontario Health portfolios and regions will continue in 2023-2025 after the release of the Health Framework.

<sup>1</sup> As indicated in discussions and engagements with First Nations, Inuit, Métis and urban Indigenous partners on the Framework development, these draft building blocks are used as points for discussion to add context to and indicate what could be included within the Areas of Focus for the upcoming First Nations, Inuit, Métis and Urban Indigenous Health Plan.

For more information, please contact Indigenous Health Equity and Coordination at Ontario Health – <u>ihec@ontariohealth.ca</u>