

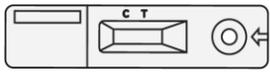
How to test yourself with Artron COVID-19 Antigen Rapid Test At Home

This handout explains how to use the Artron COVID-19 rapid antigen test kit on yourself. Before you start:

- At this time, rapid antigen tests (RAT) can be used for symptomatic or asymptomatic individuals if available and Do Not require a confirmatory PCR test in most situations.
- Make sure your kit has all components needed and that none of the materials are expired or damaged.
- Store the kit and its content at 2 to 30 degrees Celsius and away from direct sunlight, moisture, and heat. Do Not freeze.
- Immediately use after opening the test device in the pouch. Complete the test within 1 hour after test components are opened.
- Find a clean area free of foods, drinks, or clutter, and easy to clean in the event of a spill.
- During the test do not eat, drink, smoke, vape, put in contact lenses, put on make-up, or touch your face.
- This test is for your own use only, unless you are a parent/guardian/caregiver of the person being tested.

1 Blow your nose and then wash your hands for at least 20 seconds.

2 Check your test kit. Make sure you have the following materials:



Test cassette



Extraction Tube sealed with extraction buffer



Extraction Tube Cap

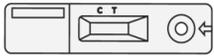


Sterile Swab



Cup (from home)

3 Set up your testing area.



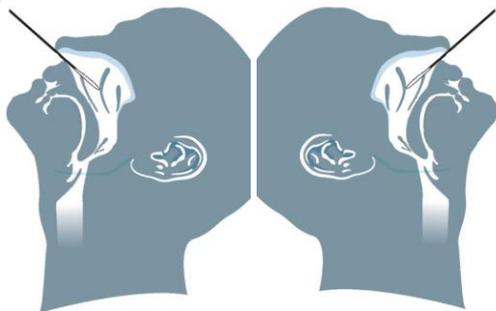
- Remove test cassette from the sealed pouch and place it on a flat, dry surface.



- Gently tear off the seal fully from the extraction tube.



- Place the extraction tube into the cup.



4 Swab both nostrils.

- Remove the swab from its package, keeping the swab tip away from your hands or any other surfaces.
- Tilt your head back and insert the swab straight back (not up) into one nostril up to 2.5 cm (distance is shorter in children under 12 years old).
- Rotate the swab against the inside of your nose 5 to 10 times.
- Remove the swab and repeat same steps in the other nostril.

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5 Prepare the sample.



- Insert the swab in the extraction tube.
- Swirl the swab tip vigorously in the buffer fluid at least 10 times.



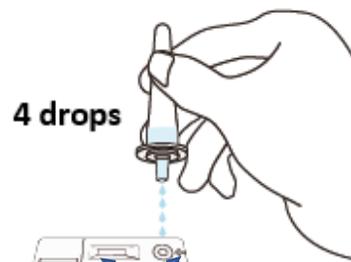
- Remove the swab by rotating against the extraction tube while squeezing the sides of the tube to release liquid from the swab.
- Discard the swab in garbage.



- Apply the extraction tube cap to the tube and push down firmly to ensure it is properly closed.

6 Perform the test.

- While holding the extraction tube vertically above the sample well, add 4 drops of sample to it. **Do not** touch the dropper tip to the test cassette while dispensing.
- In a couple of minutes you should start to see your sample migrate through the result window.
- Read results within 15-30 minutes of adding sample to well.



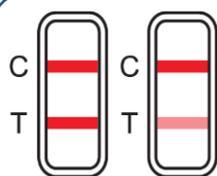
✗ Result window ✓ Sample well

Note: Your result may not be correct if read in less than 15 minutes or more than 30 minutes after adding the drops into the sample well.

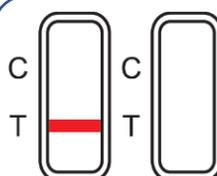
7 Read your results. It does not matter which line appeared first or how faint the lines look.



- If only a pink or purple control band (C) is present, the result is **Negative**.



- If a pink or purple control band (C) and test band (T) are present, the result is **Positive**.



- If the control band (C) is not present, result is **Invalid** (i.e., the test is not working).

8 Act on your result quickly.

If your result is negative:

- Follow the [Ministry of Health public health guidance](#) that applies to your situation, regardless of your negative RAT result.

If your result is positive:

- Regardless of whether you have symptoms or not, it is likely that you have COVID-19 and you should immediately self-isolate and warn your close contacts (individuals within 2 meters of you for at least 15 minutes or for multiple short periods of time without masking or other protective equipment). Your close contacts should follow the [public health guidance](#).

If your test is invalid:

- Repeat the test using a new swab and test cassette. You will need to swab your nose again according to the instructions.

9 Dispose of test materials in the garbage and wash your hands. Do not reuse materials.

Additional Resources

- [COVID-19 Self-Assessment Tool](#)
- [Self-tests: COVID-19 test and testing location information](#)

***Note:** The liquid in the tube can irritate (bother) your eyes and skin. The liquid is **toxic** if swallowed. If the liquid accidentally touches your skin, wash area with plenty of water. If liquid gets in your eyes or mouth, rinse with plenty of water for 15 minutes and contact your healthcare provider or the Ontario Poison Centre at 1-800-268-9017 or 416-813-5900.