



COVID-19 positive? We will monitor your health while you recover at home.

The **COVID-19 Remote Care Monitoring Team** (the team) is a remote team of nurses who are here to support and monitor your health alongside your health care team while you recover from COVID-19 at home.

USING AN APP, THE TEAM CAN:

- **Assess your symptoms daily**
Using a private and secure app called *Vivify Go* on your smart phone (or other device, like a tablet or laptop), **you answer questions about your health and how you are feeling once per day.** If you do not have a smart device or internet access, a nurse will call you to check on you instead.
- **Monitor your progress and track any changes**
Using your answers, the team will monitor your COVID-19 symptoms every day to help you feel more comfortable and confident in your recovery. We can help detect potential health problems, before your condition gets worse. We will talk with your doctor to help you recover.
- **Check-in with you to answer your questions and concerns**
We're here to support you. Our staff are available Monday-Friday from 8:30 a.m. - 4:30 p.m. to help you. We may also follow-up with you over the phone to ask you more questions or if you are not responding to the questions.

WHAT YOU NEED

This is a confidential and free service. All you need is a smart device, like a tablet, phone or laptop and an internet connection. If you don't have a smart phone, we can still support you by calling you instead.

WHAT IF MY SYMPTOMS GET WORSE?

If you start to feel worse, we may have a nurse from the team call to check on you by phone or video call. We can call your doctor after the assessment.



CONTACT For more details and referral information, please visit us online or contact the COVID-19 Remote Care Monitoring Team at **1-888-444-8805.**

